

Holistic Education: Japanese Hands-On Approach JICA Knowledge Co-Creation Program 2025

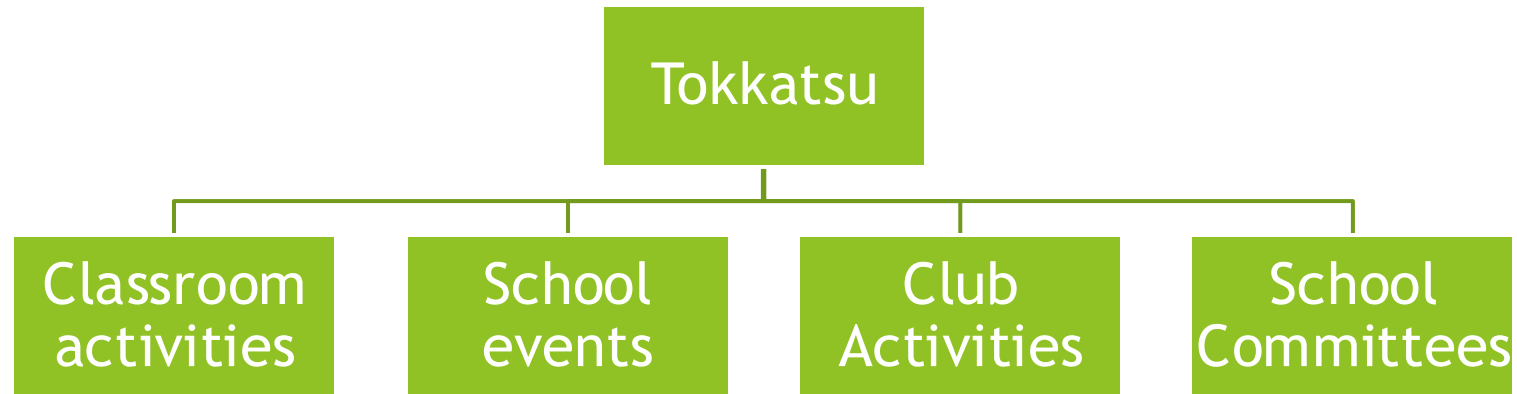
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Reflections on the Course

- How Japan's holistic education hands-on approach develop students' social-emotional, moral, and behavioral competencies



Holistic education focuses on developing the whole child – behavior, attitude, emotional control, and social responsibility

Educational Challenges in *My Country*

- The current general educational curriculum has been implemented since over 10 years.

Considering to various educational research findings, as well as challenges of rapid technological changes and human development, the Government of Mongolia has endorsed an educational curriculum concept.

According to Educational Curriculum Concept,
Renovation of Curriculum started in 2024

Implementing learnings from course in my work/studies

- **Research on Students' Digital Usage**
- **1. General Information section**
 - Electronic devices used at home and at school (cell phones, tablets, computers, etc.)
 - Average hours used per week
- **2. Digital Usage**
 - Usage patterns such as lessons, games, social media, information searches, etc.
 - Purpose and frequency of digital use
 - Level of parental and teacher supervision
- **3. Socio-emotional competences**
 - Self-awareness
 - Self-management
 - Social awareness
 - Relationship skills
 - Responsible decision-making

Implementing learnings from course in my work/studies

- **Implementation in information technology curriculum of upper secondary education**
 - Integrate Socio-Emotional Learning
 - Encourage team projects (making a website or developing a small application). → Builds empathy, communication, and cooperation.
 - Teach digital empathy – how online behavior affects others. → Example: Discuss respectful commenting, online bullying, or data privacy.
 - Use short reflection time after activities (What did you learn from your team today?).
 - Promote Moral and Digital Citizenship
 - Ethical usage of technology
 - Discuss digital footprints and online identity
 - Create class rules together for responsible device use

The process of general educational curriculum renovation in Mongolia is ongoing. I plan to work on the team developing the curriculum for information technology for junior high school and high school.

Implementing learnings from course in my work/studies

- **Sharing Tokkatsu's Holistic Education Insights with Mongolian Educators**
 - **Whole-Child Development**
 - Japanese education emphasizes not only academic achievement but also the growth of socio-emotional and behavioral competences.
 - **Tokkatsu Model Encourages Community and Responsibility**
 - Through daily school activities like cleaning, meal serving, and class meetings, students learn that every individual contributes to the community.
 - **Teacher's Attitude Shapes Moral and Emotional Climate**
 - In Japanese schools, teachers act not only as instructors but also as moral and emotional guides.
 - **Collaboration and Inquiry-Based Learning Build Lifelong Competence**
 - From elementary level, Japanese students engage in inquiry-based learning, connecting knowledge with real-life interests.
 - **Integration of Food Education Supports Healthy Habits**
 - Japanese schools include daily nutritional education and food-related activities, connecting with SDGs and healthy lifestyles.
 - **Early Childhood Coordination Builds Smooth Transitions**
 - The collaboration between kindergarten and primary school teachers in Japan ensures continuity in children's holistic growth.
 - **Inclusivity and Respectful Learning Environment**
 - Japanese schools provide inclusive education through flexible spaces and support for diverse learners.

The background features a complex geometric design. On the left, there are overlapping, semi-transparent shapes in various shades of green and a dark blue-grey. These shapes create a layered, crystalline effect. The right side of the image is a solid, bright lime green. Centered on this green background is the text '▶ Thank you' in a clean, white, sans-serif font.

▶ Thank you